



Dynamic  
**HR** Coach

**Creating the Life, I want**

# Creating the life, I want:

Date:

## About Me

## My Goals

Who you are

**Short Term**

**Mid-Term - 2-5 years:**

**Long Term >5 years:**

Work / Intellectual

Work / Intellectual

Work / Intellectual

Education

Personal / Financial

Personal / Financial

Personal / Financial

Employment

Personal Preferences

My competencies, skills, knowledge, experience

My focus areas

Values

**What actions do I need to take so that I can achieve my goals**

Limitations

**Short Term**

**Mid Term**

**Long Term**

## Putting my plan into action

Date:

Objective	Actions	How will I know I have achieved it?	Action completion date	Actual completion date	How do I feel now?